



They affect every part of your life

They are Unavoidable

They affect your Self-Esteem

They affect your Success

They affect your Choices

They affect your Success

They provide you with special connections





MELATIONSHIPS AATTER SO MUCH

How is it that we are learning to RELATE anyway?"

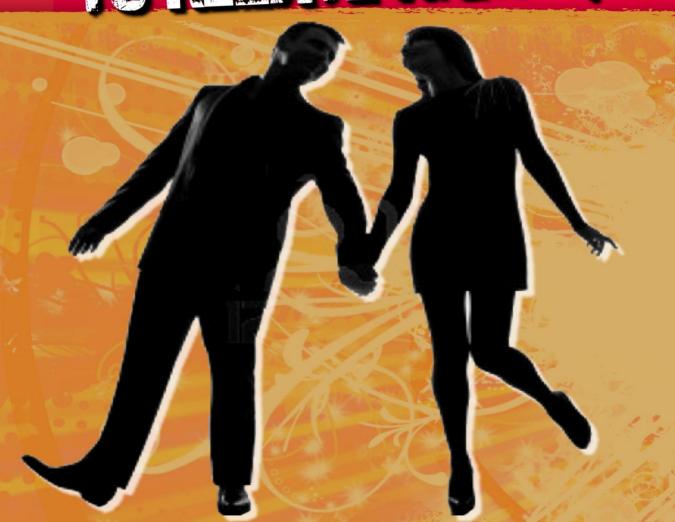
CUR FAMLY...



Television... Music... Movies... Peevs.



SO HOW DO WE LEARN TO RELATE RIGHT?



To Pie Michill, we study Healthy 12 elationships

Accountability

- Accepting responsibility behaviors, and attitudes

 Admitting mistakes (or being wrong)

Safety

-Refusing to intimidate or manipulate - Respecting personal space - Expressing self in healthy manner with honesty.

RESPECT

Honesty

-Communication
Openly and truthfully

Trust

-Accepting each others word.-Giving the benefit of the doubt.

Cooperation

- Asking not expecting
- Accepting change
- making decisions together - being willing to compromise -seeking mutually satisfying resolution to

conflict

Support

Supporting each other
 Being understanding
 Offering encouragement
 Listening non-judgmentally
 valuing opinions

Takes Work



