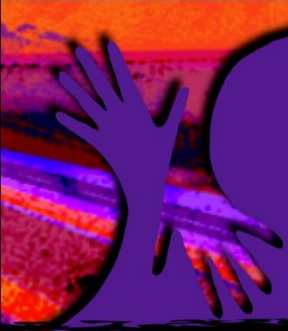




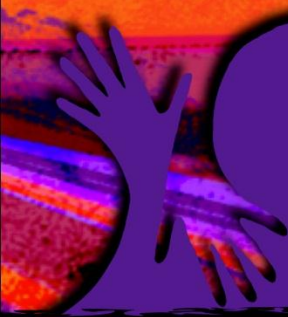
# BULLYING

RELATE RIGHT  
*San Antonio*



# DANGERS *of* BULLYING





# How we **SHOULD** Respond to Bullying







# BULLYING

## What is Bullying?

**Bullying is:**  
when these things happen again & again to someone  
and it is hard for the student being bullied to stop these  
things from happening.

### Exclusion

Being Ignored left  
out on purpose or  
not allowed to join in.



### Physical

Being hit, kicked or  
pushed around

### Lies or Rumors

Lies or nasty stories are  
told about someone to  
make other kids not like  
them.



### Verbal Abuse & Teasing

Being made fun of and teased in  
a mean and hurtful way.



### Threats

Being made afraid of  
getting hurt.

- Emotional
- Psychological
- Physical

# BULLYING statistics

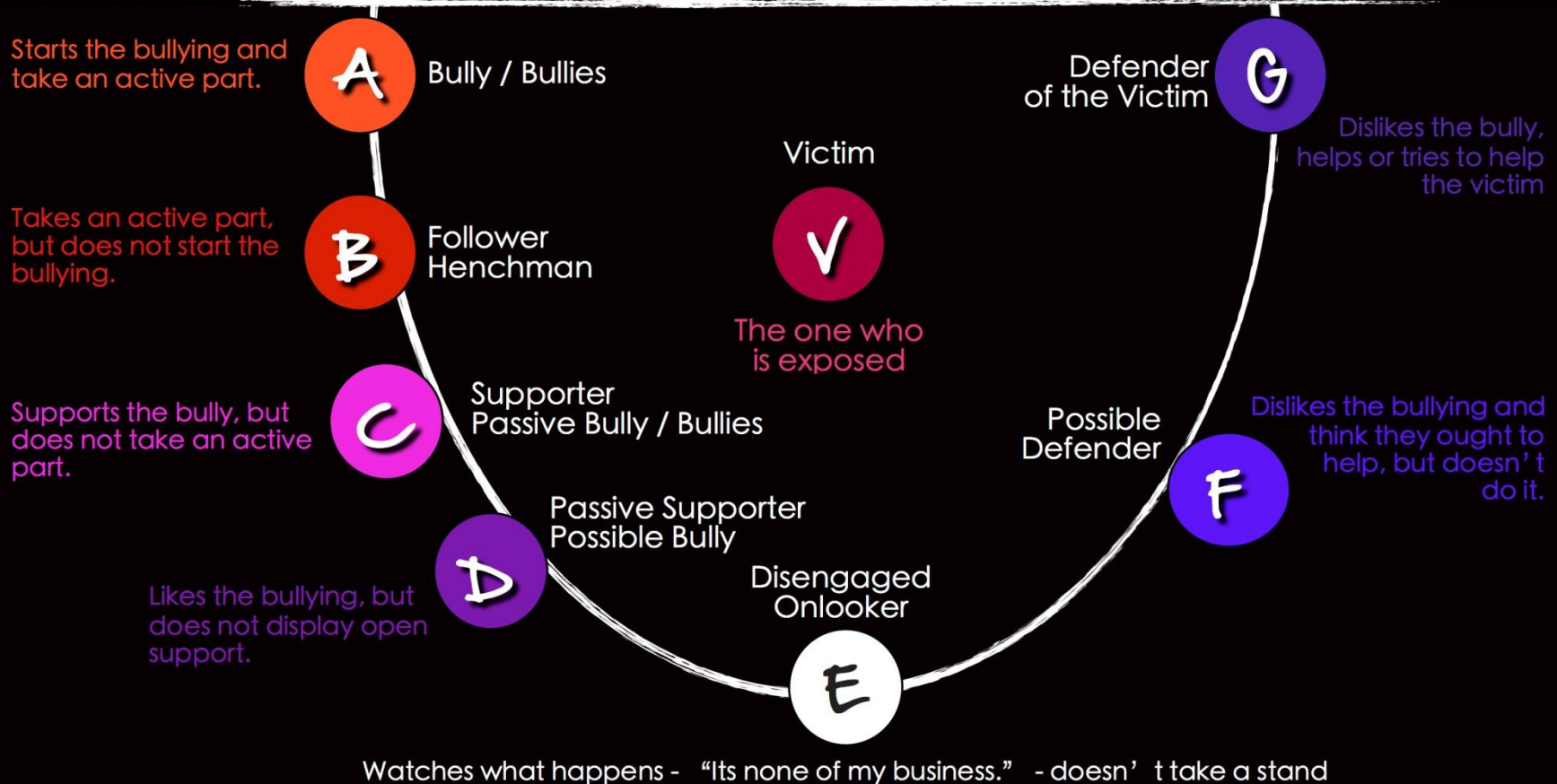
- Nearly 1 in 3 students is involved in Bullying.
- Kids who are different are more likely to be bullied than other children.
- Boys are more likely than girls to bully others.
- Boys and girls get bullied in different ways.





# REACTIONS to Bullying

## The Bullying Circle: Students' Mode of Reactions/Roles in an Acute Bullying Situation





# It's **AGAINST** the Law !!

- BULLYING is a CRIME!
- ASSAULT: when a person intentionally, knowingly, or recklessly causes bodily injury to another, threatens another, or causes offensive or provocative physical contact with another.
- TERRORISTIC THREAT: when a person threatens to commit any offense involving violence to any person or property
- HARASSMENT: when a person commits an offense with the intent to harass, annoy, alarm, abuse, torment, or embarrass another
- PARTY LANGUAGE: it is ALSO a crime to aid, promote, assist, and/or encourage bullying!
- [HTTP://www.stopbullying.gov/laws/index.html](http://www.stopbullying.gov/laws/index.html)

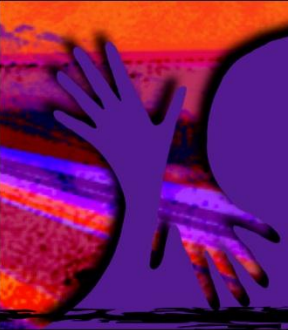


# CYBER – BULLYING

- What is CYBER-BULLYING exactly?
- “Cyber-Bullying” is when someone uses technology, (e.g., internet, cell phones, etc.) to:
  - Torment
  - Threaten
  - Harass or Embarrass
  - Humiliate
  - Target someone else







# Protect Yourself Against **CYBER – BULLYING**

## CYBER-BULLYING TIPS FOR STUDENTS

- Tell a trusted adult about the bullying, and keep telling someone until you find someone who takes action.
- Don't open or read messages from Cyber Bullies.
- Tell a teacher or administrator at your school if it is school related.
- Don't erase the messages - they may be needed to take action.
- Protect yourself: Never agree to meet face to face with anyone you meet online.
- If bullied through chat or instant messaging the "bully" can often be blocked
- If you are threatened with harm, inform the local police.

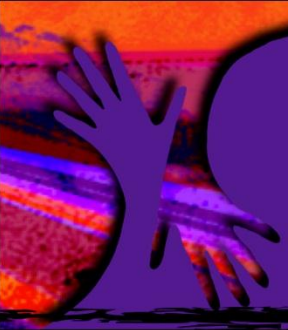


# REACTIONS to Bullying

How might a victim react:

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- Make bad choices
- Hurt themselves
- Hurt others



# Most Effective Solution to **BULLYING**

- YOU!
- It is helpful and important to let an adult know what is going on and to get help, but ultimately you have the power to make a difference and put an end to bullying.
- You can take away a bully's power because you are their audience.
- A Bully's power comes from the attention they get, so if you don't assist, encourage, or spectate, you take away their power.





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**JEOPARDY!**

**BULLYING**

*Edition*



| STATISTICS | PREVENTION | BULLYING<br>CIRCLE | CYBER-<br>BULLYING | LEGAL |
|------------|------------|--------------------|--------------------|-------|
| 10         | 10         | 10                 | 10                 | 10    |
| 20         | 20         | 20                 | 20                 | 20    |



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## **STATISTICS – 10 PTS.**

---

These students are more likely to be targets of bullying.





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**ANSWER – 10 PTS.**

---

Kids who are different are more  
likely to get bullied.





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## **STATISTICS – 20 PTS.**

---

This ratio of students are involved in bullying.



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## ANSWERS – 20 PTS.

---

Nearly 1 in 3 students is involved in bullying.







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**PREVENTION – 10 PTS.**

---

These people are the most effective in putting a stop to bullying.



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**ANSWER – 10 PTS.**

---

YOU! It is helpful and important to let an adult know what is going on and to get help, but ultimately you have the power to make a difference and put an end to bullying.





## PREVENTION – 20 PTS.

---

A bully's power comes from\_\_\_\_\_.





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## ANSWER – 20 PTS.

---

A bully's power comes from the attention they get, so if you don't assist, encourage, or spectate, you take away their power.





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**BULLYING CIRCLE – 10 PTS.**

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This is an excuse a bystander might give for not intervening.



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## ANSWER – 10 PTS.

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- “I don’t want to get in trouble”
- “I’m scared.”
- “I don’t know what to do.”
- “Someone else will help out.”
- “I don’t have the time.”
- “It’s not my problem.”







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**BULLYING CIRCLE – 20 PTS.**

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This is an example of an appropriate response a defender can give.



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## ANSWERS \_ 20 PTS.

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- Call the bully out
- Ask them to stop
- Safely protect the victim
- Safely remove the victim from the situation.
- If & when the victim is in a very dangerous situation, possibly involving life or death, restrain the bully without using violence.





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**CYBER BULLYING – 10 PTS.**

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These are ways you can protect yourself against cyber bullying.





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# JEOPARDY!

## ANSWERS – 10 PTS.

---

- Tell a trusted adult about the bullying, and keep telling until you find someone who takes action.
- Don't open or read messages.
- Block the bully.
- If you feel threatened with harm, tell the police.





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**CYBER BULLYING – 20 PTS.**

---

This is why you should not delete  
harassing messages.



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**ANSWER – 20 PTS.**

---

Because they may be needed to take legal action.







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**LEGAL – 10 PTS.**

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TRUE or FALSE ?  
Bullying is NOT a crime.



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**ANSWER – 10 PTS.**

---

FALSE!!

Bullying IS a crime!

Any form of assault, threat, or harassment of any kind is punishable by Law!





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**LEGAL – 20 PTS.**

---

This is the legal term for aiding, promoting, assisting, and/or encouraging bullying.





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# JEOPARDY!

## ANSWER – 20 PTS.

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- Party Language!
- This is ALSO a crime!
- You can get in legal trouble for being a look-out, cheering the bully, taking pictures/videos of the bullying, etc.

